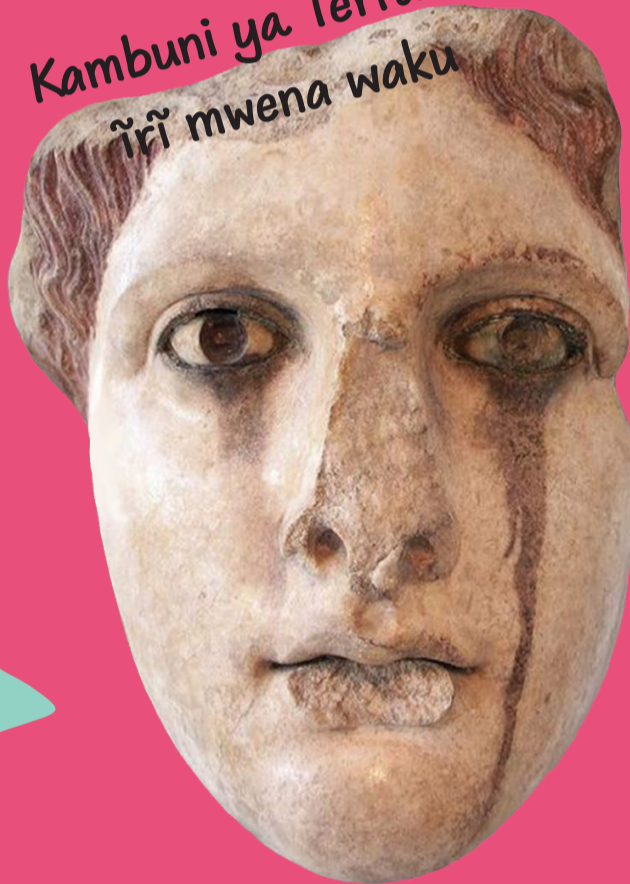


# Airĩtu na Atumia Ūrĩa ndĩrenda kuuga nĩ ũhoro wa bata mũno kũrĩ inyuĩ

Wĩna kĩhooto gĩa kũheo gĩtĩo  
– Hatirĩ mũndũ (ona rĩ) wĩna kĩhooto gĩa  
gũkũagarara, gũkũnyũrũria kana gũkũgũtha.

Wĩna kĩhooto gĩa gũkorũo  
na mawoni maku na  
kũaria mawoni macio  
hatarĩ na ihĩnga  
– Hatirĩ mũndũ ũngĩkuĩra  
kĩrĩa ũgũĩciria, kĩrĩa  
ũkũigua kana mũndũ ũrĩa  
mũgũtindania nake.

Kambuni ya Terrafem  
ĩrĩ mwena waku



Wĩna kĩhooto gĩa kũmenya  
ũrĩa ũkũhũthĩra mbeca ciaku  
– Wĩna kĩhooto gĩa gũetha  
gĩthomo, kũruta wĩra na  
gũtũa matua ma ũrĩa  
ũkũhũthĩra mbeca iria  
ũkũgĩa.

Wĩna kĩhooto kĩa gũatha mwĩrĩ  
waku we mwene  
– Mwĩrĩ waku nĩ waku wĩ ika.  
Wĩ nĩwe ũgũtua matua ma nũ  
ũngĩkũhutia, agũkũhutia ha na  
mahinda-inĩ marĩku.

Hatirĩ mũndũ ona arĩ  
mũthuri waku, baba,  
mũndũrũme mũrata  
waku, mũrũ wa nyina  
kana mama wanyu  
ũngĩthengia ihooto ici  
kuuma harĩ wee.

Wĩna kĩhooto gĩa gũtũũra  
mũtũrĩre waku ũkĩiguaga  
ndũrĩ ũgwati-inĩ na  
gũkorũo kũndũ kwĩna ũgitĩri  
mwega harĩa hothe ũgũthĩĩ  
– Ndũgũbatara kũigua  
ta ũtarĩ mũgitĩre kana  
wĩna guoya rĩrĩa ũrĩ mũcĩĩ  
gwaku, rĩrĩa wĩ cukuru  
kana harĩa ũrutagĩra wĩra,  
mũkawa-inĩ, taũni ona kana  
mũtitũ-inĩ.

Wĩna kĩhooto gĩa gũtũũra mũtũrĩre waku hatarĩ na  
mũthemba o wothe wa ũhĩnya

Angĩkorũo ihooto ciaku itiratĩĩo, nĩwaagĩrĩĩruo kũamũkĩra ũteithio  
Terrafem ĩ haha nĩgetha ĩgũteithie na ĩrũĩrĩre ihooto ciaku na ihooto cia atumia oothe